Speech and language therapy helps with speech development and also with eating, drinking, and swallowing.

Surgery is sometimes needed to correct any deformities that develop as a result of abnormal muscle development or function.

Medication can reduce muscle hyperactivity and spasticity, but physiotherapy is the bedrock of cerebral palsy management and can helps with posture and movement. It also tries to prevent progression of disability.

Occupational therapy helps children overcome difficulties performing everyday tasks, encouraging them to lead independent lives.

With help, most people with cerebral palsy are able to live much the same sort of lives as everyone else. They may have to work a bit harder to overcome practical problems, but most things are possible.

> Share your experiences and feelings with

> Find out what services are available. Try to

Participate in our awareness programmes and

leaflet and other information.

get as much help as you can.

> Get involved and help others.

training workshops.

other parents and families. Give them this

Where can I get more information?

The Cerebral Palsy Lanka Foundation is a nonprofitable organisation to help the persons with Cerebral Palsy and their family caregivers. We will provide information, support, organise training workshops, conduct awareness programmes and provide therapeutic & educational services for children with Cerebral Palsy. We will organise vocational training programmes for persons with Cerebral Palsy.

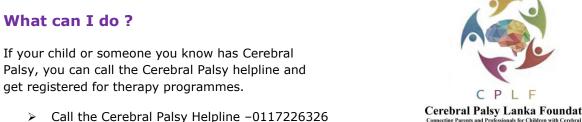
Our Cerebral Palsy Helpline 0117226326 offers useful information and emotional support.

You can visit our website: www.cplanka.org

Or email us on: info@cplanka.org









"My hand trembles, my heart does not."